

TABERNACLE BAPTIST CHURCH

40 day Financial FAST

YOUR WAY TO FINANCIAL PEACE AND FREEDOM

MARCH 2 - APRIL 14



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Your Way to Financial **PEACE AND FREEDOM**

Our highest aim in life should be to serve God in all that we do, all that we say, and in all that we believe. Fasting is a way to draw closer to God. Similarly, the principal of financial fasting is to deny your flesh so that you can become closer to God. The 40 Day Financial Fast will help you break the yoke of the material and financial burdens of this world by aligning your heart and mind with the will of God for your life. Through financial fasting you are exercising discipline in your spending as well as renewing your mindset toward the way you handle your finances. This will allow you to enter into an inner dwelling of lasting financial peace and freedom. Whatever your financial situation, you will be challenged to focus only on the necessities to sustain your daily living while demonstrating your stewardship towards God, your family, your church, your community, and to yourself.

FINANCIAL DISCIPLINE

- **PRAY: DAILY FOR GOD TO GIVE YOU DIRECTION IN MANAGING YOUR FINANCES.**
- **COMMITMENT:**
- **SAVE: EVERY MEMBER IS ENCOURAGED TO GIVE A SACRIFICIAL OFFERING OF THEIR CHOICE (AT THE END OF THE FAST).**
- **PREPARE: A FAILURE TO PLAN IS A PLAN TO FAIL.**
- **TRACK: WRITE DOWN ALL EXPENSES.**
- **AVOID: PEOPLE, PLACES AND THINGS THAT YOU KNOW ARE A DISTRACTION.**
- **SET FINANCIAL GOALS: SPECIFIC, MEASURABLE, ATTAINABLE, RELEVANT, TIMELY.**
- **EXPECT: YOUR FAITH TO BE CHALLENGED AND STRETCHED AND YOUR FINANCIAL SEEDS TO REAP A HARVEST**

START EACH DAY WITH THE “P-A-Y” REGIMEN:

- **PRAY BEFORE YOU READ THE SUGGESTED SCRIPTURES.**
- **ACT ON THE PLEDGE YOU SIGNED WITH YOUR ACCOUNTABILITY PARTNER.**
- **YIELD TO GOD’S WILL, NOT YOUR OWN.**



Financial **GOALS**

WHY ARE YOU BECOMING FINANCIALLY FIT?

GOAL:

TIME FRAME:

ACTION STEPS:

GOAL:

TIME FRAME:

ACTION STEPS:

GOAL:

TIME FRAME:

ACTION STEPS:

RESET PLEDGE

“LOOK STRAIGHT AHEAD, AND FIX YOUR EYES ON WHAT LIES BEFORE YOU...
(NLT PROVERBS 4:25)

DURING THE FINANCIAL FAST, I WILL SPECIFICALLY PRAY FOR:

EVERY (WEEK) (BI-WEEKLY) (MONTH), I PLEDGE TO SAVE \$

SO WE FASTED AND PETITIONED OUR GOD ABOUT THIS, AND HE ANSWERED OUR PRAYER.
(EZRA 8:23)

I believe that God is the only answer to my prayer and that fasting will draw me closer to Him. Therefore, God being my strength and grace being my basis, I commit myself to the 40-day TBC financial fast.

SIGNATURE / DATE

ACCOUNTABILITY PARTNER

Devotionals

Day 1: Proverbs 3:9-10 Prayer: Today, let me honor you with my first fruits, make a deposit into my spirit and give me a fresh start!	Day 21: 2 Corinthians 9:6-15 Prayer: Today, change my lens to see wealth not as a single event but as a process of processes mastered over time!
Day 2: Proverbs 22:7 Prayer: Today, I commit to coming from under the power and bondage of the spirit of borrowing!	Day 22: Jeremiah 17:7-8 Prayer: Today, let me stay planted like a tree by the riverbank of your abundance so my leaves stay green and never stop producing fruit!
Day 3: 1 Timothy 6:17-19 Prayer: Today, help me not to put my hope in money instead of the living God for security!	Day 23: Luke 14:28 Prayer: Today, teach me to count the cost for everything I desire to spend money on!
Day 4: Acts 20:33-35 Prayer: Today, thank you for the ability to provide for myself and being able to help others as well!	Day 24: Luke 16:10 Prayer: Today, help me adopt new concepts about money along with convictions about how you would have me steward over it!
Day 5: Ephesians 3:30 Prayer: Today, enlarge my territory far beyond my thoughts and imagination!	Day 25: Proverbs 22:6 Prayer: Today, take the scales off my eyes so I can teach my children how to invest, save and create different streams of income!
Day 6: Psalm 77:14 Prayer: Today, show me your miracles and wonder. Break me and increase my faith!	Day 26: Matthew 6:24 Prayer: Today, as I seek financial peace and freedom, do not allow my desire for money become greater than my desire for you!
Day 7: Proverbs 13:11 Prayer: Today, save me from the fast money mentality but teach me how to be steady and diligent!	Day 27: Proverbs 13:22 Prayer: Today, show me where I am so I will know where I am going; legacy awaits all those associated with me!
Day 8: Deuteronomy 28:12 Prayer: Today, thank you for blessing my obedience and rewarding my faithfulness!	Day 28: Luke 12:15 Prayer: Today, make wisdom the supervisor of my wealth. Protect me and my wealth from being managed by my wants!
Day 9: John 3:17 Prayer: Today, keep my heart open so that I may be of service to another brother or sister!	Day 29: Proverbs 6:6-9 Prayer: Today, help me toil in my summer so there may be a financial harvest during my winter!
Day 10: Luke 6:38 Prayer: Today, as I sow blessings may I also reap blessings!	Day 30: Proverbs 14:15 Prayer: Today, develop my M.I.N.D. – Money, Intelligence, Need and Discipline!
Day 11: Luke 12:15 Prayer: Today, tune out expensive enticements and concentrate on the truly fulfilled life – living in relationship with God!	Day 31: Proverbs 21:20 Prayer: Today, expel my foolish thinking about spending and increase my knowledge about financial freedom and legacy!
Day 12: Luke 21:1-4 Prayer: Today, teach me to give sacrificially until it hurts in a good way!	Day 32: 2 Chronicles 1:7-12 Prayer: Today, in all of my pursuits, give me financial wisdom, knowledge and understanding so that I welcome wealth into my house!
Day 13: Philippians 4:11-13 Prayer: Today, whether I have a little or a lot, help me be satisfied in any circumstances.	Day 33: Malachi 3:10-12 Prayer: Today, it is a pleasure to know that you remember those who are faithful, love, honor and respect you.
Day 14: Deuteronomy 16:17 Prayer: Today, help me give cheerfully in proportion to how you have blessed me!	Day 34: Acts 8:20 Prayer: Today, deliver me from the concept that more equals happiness. I choose not to waste money chasing happiness!
Day 15: Luke 16:11 Prayer: Today, keep me full of integrity in small details and to not allow money to become my hard master!	Day 35: Matthew 6:19-21 Prayer: Today, my faith, identity, joy and treasure are not in the American Dream but lies solely in Christ.
Day 16: Proverbs 13:7 Prayer: Today, help me stop living above my means, and live within my means	Day 36: Colossians 3:2 Prayer: Today, allow my heart and thoughts to be in sync with your Will and Way.
Day 17: Philippians 4:12-13 Prayer: Today, deliver me from the addiction of consuming and help me be content in whatever state you have me!	Day 37: Genesis 41:34-36 Prayer: Today, help me to prepare for as many of the “if’s” as I possibly can!
Day 18: Romans 13:8 Prayer: Today, give me the tools to build a wealth machine where I won’t have to borrow from anyone, but that keeps growing exponentially!	Day 38: Luke 18:1-5 Prayer: Today I understand that in order to attain a financially successful place, I must be persistent in every part of my financial life!
Day 19: Proverbs 11:14 Prayer: Today, position me to sit at the feet of the wise to be poured into.	Day 39: Luke 17:32 Prayer: Today, as I walk away from the things that have destroyed my finances, give me the strength to never look back!
Day 20: 1 Thess. 5:18 Prayer: Today, I want to thank you for helping me halfway through!	Day 40: John 5:14 Prayer: Today and moving forward, help me stay disciplined to not undo all the efforts I have accomplished!